



Local Rhoots

LOCAL. SUSTAINABLE. MEALS.

Sesame Noodle Bowl

Ingredients

Beef or Mushrooms in Crack Sauce
Shaved Beef (or mushrooms),
Sesame Oil, Coconut Aminos,
Coconut Sugar, Corn Starch

Crack Sauce
Sesame Oil, Coconut Aminos,
Coconut Sugar, Corn Starch

Shredded Veg
Carrot, Cabbage, Radish

Pickled Red Onion

Sesame Seeds

Vermecelli Noodles
Green Onion

Directions

Set a pot of water to boil. Take out a saute pan.

Once the water is boiling, pour rice noodle into the pot and simmer for 3 minutes. Test before draining and rinsing with water.

Heat the saute pan over medium heat, pour in beef (or mushrooms) and sauce and bring to a simmer.

Fill bowls with noodles topped with beef, shredded vegetables, pickled onion, sesame seeds and sliced green onion. Finsih with extra sauce from the pan.