



# Local Rhoots

LOCAL. SUSTAINABLE. MEALS.

## Chicken Pot Pie

### Ingredients

Chicken Pot Pie  
Chicken, Celery, Onion, Garlic,  
Peas, Chicken Stock, Flour, Butter,  
Olive Oil, Salt, Pepper.

Salad Greens

Balsamic Vinaigrette

### Directions

Preheat oven to 350, remove lid from the Pyrex dish and cover with foil. Place in the oven on the middle rack for 45 minutes. Remove foil top, brush with butter (optional) and return to oven for another 5 minutes to lightly brown the top. Let stand for 5 minutes before serving.

Toss salad with balsamic.

Enjoy.

CAL 483  
FAT 23g | CHO 50g | PRO 20g