



Local Rhoots

LOCAL. SUSTAINABLE. MEALS.

Apple & Brie Stuffed Chicken with Roasted Fall Vegetables

Ingredients

Apple & Brie Stuffed Chicken
Mary's Breasts, Local Apples, Brie,
Tarragon, Olive Oil, Salt & Pepper

Roasted Vegetables
Yams, Broccoli,, Mushrooms, On-
ions, Garlic, Salt & Pepper

Basil Vinaigrette
Basil, Olive Oil, Honey, Lemon Juice,
Garlic, Salt & Pepper

Candied Seed Mix
Sesame, Almond, Pumpkin, Egg
White, Coconut Sugar, Cinnamon,
Salt

Produce & Grocery
Spinach & Arugula

Directions

Take out a baking sheet and place stuffed chicken together on the sheet and spread out the roasted veggies. Cover the thighs with foil. Place in a 350 degree oven for 15-20 minutes until warmed through.

Toss salad, candied seed mix and vinaigrette together.

Plate chicken, veg ans salad. Enjoy!